## GRATITUDE

Luke 17:11-19

Ten leprous men asked Jesus for help, and He used his miraculous power to heal them. Only one turned back to thank Him. Nine had enough faith to be healed, but not enough gratitude to express thanks. Jesus didn't demand that they thanked Him, but it was justly due. Their actions demonstrated their ungratefulness. They had great appreciation for being healed, but none for their Healer.

What shows a lack of gratitude? When response is: "It really wasn't that much." Or, "You only did what any Christian should do!" Or, "You owed it to me." Or, "I deserved it." Or (the most flagrant of all), Silence!

What are some ways of showing gratitude? First and foremost, express it, don't just think it. (Others can't read your mind.) A sincere, kind word of appreciation. A card containing words of heart-felt gratitude (make it hand-written). A telephone call saying "Thank you! It meant a lot to me."

## Expressions of gratitude benefits both the one helped and the helper.

What are some ways of showing gratitude to the Lord? There are many, here are a few: Cherish the Word of God – read it often, meditate on it frequently. Acknowledge Christ's sacrifice in weekly communion with other Christians. Show appreciation for His church by being an active member of a local congregation. Show gratitude for your salvation by sharing the Good News with others. Living for Jesus each and every day: Doing His will.

Let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful. Colossians 3:15

Quotations from NASB